

When SNAP Changes Reach the Pantry Door

A year ago, a major change to SNAP was signed into law. At the time, much of the conversation centered on policy, eligibility, and numbers. Texas has seen a significant decline in SNAP participation since the changes took effect. Nearly 600,000 people have lost access, including hundreds of thousands of children. At the same time, the cost of putting food on the table has not gone down.

The need doesn't disappear when SNAP benefits do. It shows up somewhere else. It shows up at food pantries: longer lines, more frequent visits, and more families asking for help for the first time. Food banks and food pantries are doing everything we can to meet that need, but charitable food assistance was never designed to replace SNAP.

For every ONE meal provided by a food bank, SNAP provides roughly NINE.

When hundreds of thousands of Texans lose SNAP assistance, the solution cannot simply be asking for food pantries to provide more food. We need to protect the programs that help families put food on the table in the first place.

Good Sam continues to do what we do every day: welcome our neighbors, fill carts with nutritious food, and make sure no one faces hunger alone.

We also need our community to understand what is happening, and to speak up.

Hunger is not a political issue. It is a human one.

If you believe Texas families deserve reliable access to food, now is the time to make your voice heard.

- Partner with Good Sam in the fight against hunger.
- Donate, volunteer, lend your time and resources to help meet the growing need in our community.
- Contact your elected representatives.
- Share what you are seeing in your own community.

When policies change, the impact doesn't stay in Washington or Austin.

It reaches our pantry doors. And it reaches our neighbors.

Together, we can make sure that hunger doesn't get the final word.

Donate & Sign Up to Volunteer here: [Good Samaritans of Garland](#)

Contact your elected representative here: [Urge Congress to delay SNAP cost share](#)